



# Week One Menu

Served weeks commencing: 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 7/3, 28/3, 18/4:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	HOT DOG WITH CAJUN POTATO WEDGES	BEEF LASAGNE	ROAST CHICKEN, ROAST POTATOES AND GRAVY	MILD BEEF CHILLI CON CARNE WITH RICE	FISH FINGERS AND CHIPS
VEGETARIAN	HOT DOG WITH CAJUN POTATO WEDGES	VEGETARIAN LASAGNE	CAULIFLOWER BROCCOLI CHEESE BAKE AND ROAST POTATOES	VEGETABLE ENCHILLADA WITH RICE	CHEESE AND TOMATO PIZZA AND CHIPS
JACKET POTATO / DELI OFFER	JACKET POTATO Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo SANDWICH* Cheese, Ham, Tuna Mayo or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo SANDWICH* Cheese, Ham, Tuna Mayo or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo SANDWICH* Cheese, Ham, Tuna Mayo or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo SANDWICH* Cheese, Ham, Tuna Mayo or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo SANDWICH* Cheese, Ham, Tuna Mayo or Egg Mayo
SEASONAL VEGETABLES	GARDEN PEAS AND COLESLAW	SALAD AND SWEETCORN	GREEN BEANS AND CARROTS	SWEETCORN AND BROCCOLI	GARDEN PEAS AND BAKED BEANS
DESSERTS	LEMON SPONGE WITH CUSTARD	SHORTBREAD FINGERS WITH FRUIT WEDGES	CHOCOLATE ICED SPONGE	APPLE FLAPJACK CRUMBLE WITH CUSTARD	FRUIT SALAD

## AVAILABLE DAILY:

Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit & Jelly

\*Sandwiches - Not ALL options will be available everyday



## Week Two Menu

Served weeks commencing: 8/11, 29/11, 20/12, 10/1, 31/1, 21/2, 14/3, 4/4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<b>BEEF BURGER IN A BUN WITH 1/2 JACKET POTATO</b>	<b>BBQ CHICKEN WITH SAVOURY RICE</b>	<b>ROAST TURKEY, ROAST POTATOES AND GRAVY</b>	<b>CHICKEN WRAP WITH POTATO WEDGES</b>	<b>FISH FINGERS AND CHIPS</b>
VEGETARIAN	<b>CHEESE AND TOMATO PINWHEEL 1/2 JACKET POTATO</b>	<b>VEGETABLE BIRIYANI</b>	<b>VEGETARIAN CUMBERLAND SAUSAGE, ROAST POTATOES AND GRAVY</b>	<b>MARGARITA PIZZA WITH POTATO WEDGES</b>	<b>MIXED BEAN WRAP AND CHIPS</b>
JACKET POTATO / DELI OFFER	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo
SEASONAL VEGETABLES	<b>SALAD AND COLESLAW</b>	<b>GARDEN PEAS AND BROCCOLI</b>	<b>GREEN BEANS AND CARROTS</b>	<b>SWEETCORN AND SALAD</b>	<b>GARDEN PEAS AND BAKED BEANS</b>
DESSERTS	<b>JAM SPONGE WITH CUSTARD</b>	<b>SULTANA OAT COOKIE WITH FRUIT SLICES</b>	<b>PINEAPPLE UPSIDE DOWN CAKE WITH CUSTARD</b>	<b>CHOCOLATE BROWNIE</b>	<b>FRUIT SALAD</b>

### AVAILABLE DAILY:

Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit & Jelly

\*Sandwiches - Not ALL options will be available everyday



# Week Three Menu

Served weeks commencing: 15/11, 6/12, 27/12, 17/1, 7/2, 28/2 21/3, 11/4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	HAM PIZZA WITH 1/2 JACKET POTATO	MEXICAN CHICKEN AND RICE	TOAD IN THE HOLE, MASHED POTATOES AND GRAVY	SPAGHETTI BOLOGNAISE	FISH FINGERS AND CHIPS
VEGETARIAN	FALAFEL BURGER IN A BUN WITH 1/2 JACKET POTATO	MACARONI CHEESE	VEGETARIAN MINCE COBLER WITH MASHED POTATOES	VEGETARIAN CHILLI WITH RICE	VEGETABLE FINGERS AND CHIPS
JACKET POTATO / DELI OFFER	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans, Cheese & Beans or Tuna Mayo <b>SANDWICH*</b> Cheese, Ham, Tuna Mayo or Egg Mayo
SEASONAL VEGETABLE	<b>SALAD AND COLESLAW</b>	<b>GARDEN PEAS AND BROCCOLI</b>	<b>CARROTS AND GREEN BEANS</b>	<b>SALAD AND SWEETCORN</b>	<b>GARDEN PEARS AND BAKED BEANS</b>
DESSERTS	<b>SHORTBREAD</b>	<b>CHOCOLATE SPONGE WITH CUSTARD</b>	<b>BANANA TRAY BAKE</b>	<b>CHOCOLATE COOKIE</b>	<b>FRUIT SALAD</b>

## AVAILABLE DAILY:

Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit & Jelly

\*Sandwiches - Not ALL options will be available everyday